

# VR and School-to-Work

## What Are You Going to Be?



1. It is never too early to start deciding what kind of job you want to do after you finish school- you can always change your mind later
2. There are programs out there that can help you in planning for your future while you are still in high school
  - ✓ Vocational Rehabilitation (VR) can help you in many ways as you prepare for work or college: job training, funding for college, on-site support including transportation,...
  - ✓ School-to-Work is a program in your school district that will help you to learn job skills: specific job training in your home town,...
  - ✓ Centers for Independent Living have programs to help prepare you for finding a job: writing resumes, learning to interview, reading classifieds,...
3. Ask your school counselor or health care provider for help



Kentucky Commission for Children  
with Special Health Care Needs